

**Shahriar Nabili**

**MB ChB, MRCOphth, FRCS (Ed)**

**Consultant Ophthalmologist**

## **Index**

<b>Current appointments and affiliations</b>	<b>Page 3</b>
<b>Personal profile</b>	<b>page 4,5</b>
<b>Personal details</b>	<b>page 5</b>
<b>Undergraduate education</b>	<b>page 6</b>
<b>Postgraduate qualifications</b>	<b>page 7</b>
<b>Award of CCT</b>	<b>page 7</b>
<b>Employment</b>	<b>page 7</b>
<b>Clinical experience</b>	<b>page 8</b>
<b>Surgical experience</b>	<b>page 9</b>
<b>Medico-legal reporting experience</b>	<b>Page 9</b>
<b>Teaching experience</b>	<b>page 10</b>
<b>Presentations and meetings attended</b>	<b>Page 10</b>
<b>Publications</b>	<b>page 11,12</b>
<b>Reviewer experience</b>	<b>Page 12</b>
<b>Research grants awarded</b>	<b>Page 12</b>
<b>Examiner experience</b>	<b>Page 12</b>
<b>Audit projects</b>	<b>page 13</b>
<b>Management experience</b>	<b>page 13</b>
<b>Information technology experience</b>	<b>page 14</b>
<b>Research</b>	<b>page 14</b>
<b>Referees</b>	<b>page 15</b>

## **Current appointments and affiliations**

- 1) Senior consultant and previous chairman and lead clinician of ophthalmology department, NHS Lanarkshire, Scotland, UK
- 2) Senior lecturer, school of optometry, Caledonian university, Scotland, UK
- 3) Clinical governance lead for Eye Care Scotland, BMI Ross Hall hospital, Glasgow, Scotland, UK
- 4) Member and advisor to Scottish National Procurement committee for intra-ocular lenses and devices
- 5) Deputy advisor to Scottish Intercollegiate Guidelines Network (SIGN)
- 6) Senior examiner for Royal College of physician and surgeons of Glasgow

## **Personal Profile and Summary**

I am a senior consultant and previous chairman and lead clinician of the ophthalmology division in NHS Lanarkshire, Scotland, U.K. NHS Lanarkshire consists of 3 major acute receiving hospitals and serves a population of 750,000.

The ophthalmology department consists of 10 consultants, one associate specialist, three middle grade doctors and five trainee ophthalmologists

I am an examiner in Royal College of physicians and surgeons of Glasgow and I am also a lecturer in Caledonian university.

I am a graduate of university of Glasgow medical school.

I am a fully trained, certified and practicing refractive surgeon. I am involved in laser vision correction (LVC) and refractive lens exchange (RLE). I have performed over 10000 refractive surgeries and my results are audited. I am involved in management of complex cases.

I have studied oculoplastic surgery as a Specialist registrar (SpR) for a year and completed a further year of sub-specialist fellowship training in the same field. I have been the principle surgeon in over 6000 oculoplastic procedures (plastic procedures of eye lids and upper face). I have significant expertise in assessment and management of complex oculoplastic cases. I have expertise in diagnosis and management of ocular oncology cases. I have worked in the Scottish ocular oncology service. I have participated in multi-disciplinary care of ocular oncology patients and am experienced in liaising with oncologists, radiologists, pathologists and ENT surgeons.

I run the Oculoplastic and orbital services, including eye and eyelid trauma services in NHS Lanarkshire.

I have an excellent grounding in general ophthalmology and am a proficient cataract surgeon, able to perform high volume surgery with multifocal lens implants.

I participate in provision of medical retina services and have a special interest in the management of diabetic retinopathy. I have sub-specialist expertise in the management of patients with diabetic retinopathy and have performed several thousand argon laser treatments.

I have undertaken 2 fellowships in medical retina, oculoplastic surgery and ocular oncology.

I have worked in many different ophthalmology departments throughout my training. I am an enthusiastic team player and become rapidly committed to the people I work with and the patients I treat.

I enjoy teaching and often receive positive feedback from those I teach. I have taught many different types of health professionals in lectures, tutorials and outpatient clinics. I regularly supervise junior ophthalmologists in theatre and outpatient clinics.

## **Personal Details**

<b>Name</b>	Shahriar Nabili
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<b>Nationality</b>	British
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<b>Current Position</b>	Consultant Ophthalmologist Hairmyres Hospital Eaglesham Road East Kilbride G75 8RG
<b>Work Telephone</b>	00441355 584643 (Secretary- Mrs Joan Davie)

## Undergraduate Education

**University of Glasgow, Scotland, UK                      1992 - 1997**

**1997                      MB ChB**

**Awards**                      Distinction in anatomy  
   Distinction in obstetrics and gynaecology  
   First class certificate of merit in nuclear physics  
   5 second class certificates of merit in clinical blocks

### Undergraduate Research and Clinical Projects

**Summer 1993    Department of biological life sciences, University of Glasgow**

Subject: I studied the development of spinal cord motor neurones in newly born opossums. I presented my work in the annual meeting of the department.

**Summer 1994    Department of vascular surgery, Gartnavel General Hospital, Glasgow**

Subject: Isolated limb perfusion in treatment of cutaneous malignant melanoma. I devised the data base and interpreted the data.

**Summer 1995    Department of neurosurgery, Southern General Hospital**

Subject: An elective clinical attachment. I attended ward rounds, outpatient clinics and theatre frequently. I learned how to manage basic neurosurgical problems. This proved to be an essential experience in my subsequent training.

**Summer 1996    Guatemala, Guatemala City and province of Quiche**

Subject: Worked for United Nations Children's Fund (UNICEF).

This final year elective was arranged in association with the UNICEF branch of the United Nations. UNICEF provides services across Central America to support underprivileged children and women. For the first month I worked in a public hospital in Guatemala City and for the subsequent two months we travelled extensively in the war-torn region of Quiche providing medical and engineering help. I was attached to a team of four consisting of an engineer, doctor, driver and interpreter. The experience has given me insight into tropical medicine and other aspects of life, which has served me equally well both in my professional and personal life. I hope to continue providing professional help to third world countries in the future.

## **Postgraduate Qualifications**

**Membership of the Royal College of Ophthalmologists (MRCOphth) 2001**

**Fellowship of the Royal College of Surgeons of Edinburgh (FRCS Ed) 2007**

**CCST in Ophthalmology 1<sup>st</sup> February 2008**

## **Employment**

**August 1997 - February 1998**

**Junior House Officer in general medicine**

Dept of Medicine, Stobhill Hospital, Glasgow, Scotland.

**February 1998 - August 1998**

**Junior House Officer in general and vascular surgery**

Dept of Surgery, Gartnavel General Hospital, Glasgow, Scotland.

**August 1998 - August 2001**

**Senior House Officer in Ophthalmology**

Dept of Ophthalmology, Stobhill Hospital and Glasgow Royal Infirmary

**August 2001 - Feb 2003**

**Senior House Officer in Ophthalmology**

Tennent Institute of Ophthalmology, Glasgow, Scotland.

**Feb 2003 - August 2003**

**Locum Specialist Registrar in Ophthalmology**

Southern General Hospital, Glasgow, Scotland.

**August 2003 – March 2007**

**Specialist Registrar in Ophthalmology**

West of Scotland Rotation (including RAH/IRH)

**March 2007-Sep 2007**

Medical retina ASTO with Dr Mike Gavin and Dr Fraser Imrie in Tennent Institute of Ophthalmology, Glasgow, Scotland

**Sep 2007-Sep 2008**

Oculoplastic and Oncology Fellow with Dr Ewan Kemp, Gartnavel General Hospital, Glasgow, Scotland

**Sep 2008-Current**

Consultant Ophthalmologist, Lanarkshire Health Board, Scotland

## **Clinical Experience**

I have worked continuously as an ophthalmologist since August 1998. I completed my registrar training and was awarded a CCST in ophthalmology on 1st February 2008.

Currently I am a consultant ophthalmologist with a specialist interest in cataract and corneal refractive and oculoplastic surgery. I have worked in high volume laser refractive centres.

I am well trained in all areas of general ophthalmology, having had a large component of general ophthalmology during my SHO and registrar training and subsequently as a consultant.

I have subspecialist training in medical retina, oculoplastic surgery and ocular oncology. During my fellowship I have gained extensive surgical experience in the management of common and complex oculoplastic disorders. I have performed complex ectropion and entropion repairs, levator advancements, brow suspensions, brow lifts, blepharoplasties, skin and mucus membrane grafts and DCRs. I have performed many resections of lid tumours and reconstructions. I have liaised closely with oncologists, dermatologists, pathologists and radiologists. I have attended theatre sessions with plastic and ENT surgeons.

I have gained expertise in the management of orbital disease such as Thyroid eye disease and orbital infection, inflammation, malignancy and trauma.

I have participated in the management of intra-ocular malignancies such as choroidal melanomas requiring resection, brachytherapy or proton beam therapy.

I am well versed in the use and interpretation of the following diagnostic tests: fluorescein and indocyanine green angiography, ocular ultrasound, ocular coherence tomography (OCT) and electrophysiology.

During my medical retina fellowship, I performed many Photodynamic therapies and in the latter part of my fellowship I gained expertise in intra-vitreous injections of anti vascular endothelial growth factors (Macugen and Lucentis). I have attended uveitis clinics and am familiar with the use of systemic immunosuppressant. Throughout my training, and particularly during my ASTO, I have been involved in the management of patients with diabetic retinopathy and other retinal vascular diseases. I now have expertise in the assessment and treatment of such patients.

## **Surgical Experience**

I am also a fully trained and experienced refractive surgeon. I am well familiar and experienced in all aspects of refractive surgery including refractive lens exchange and laser vision correction. I have performed over 10000 laser refractive procedures and have worked and trained by world renowned surgeons such as professor Jan Venter and Dr Stephen Schallhorn.

All my results are regularly audited.

I am an experienced phacoemulsification surgeon and am familiar with techniques to manage difficult cases (small pupils, mature cataracts, weak zonules, post-vitreotomy, difficult positioning of patient). I routinely operate under topical anaesthesia and can deliver a high volume cataract surgery service.

I accept complex case referrals from other colleagues regularly.

I have performed over 500 cases of multifocal lens implantation.

I am the lead surgeon for Oculoplastic and orbital surgery including eye and eyelid trauma in Lanarkshire health board. I supervise junior doctors of all grades.

I perform regular injections of intra-vitreous treatment and Ozurdex.

## **Medico-legal reporting experience**

I have been preparing expert medico-legal reports for 5 years. I accept instructions, on average 10 cases per month. I have continued to attend relevant medico-legal courses including "Bond Solon" report writing and court attendance. I have prepared reports for pursuers (claimants), defendants and negligence cases. I am happy to attend court if required.

## **Teaching Experience**

I enjoy teaching and often receive positive feedback from students and junior colleagues. I am the educational supervisor in the ophthalmology department.

I am a lecturer in Caledonian university, optometry department.

I have taught final and fourth year medical students on a regular basis. I have also given formal lectures in the University of Glasgow.

I have given lectures to general practitioners.

In 2005 I prepared a professionally made video titled "Communication Skills" for The Royal College of Physicians and Surgeons of Glasgow.

In 2006 I helped to organise part 3 MRCOphth exam in Glasgow.

In 2007 I gave a lecture entitled "Cataract Surgery and its Complications" to ophthalmic nurses. I have supervised ophthalmic nurses in cannulation and minor surgical techniques.

In 2008 I gave a lecture entitled "Orbital Disease" to optometry students in Glasgow Caledonian University and have continued to do so since then.

I regularly supervise ophthalmology senior house officers and registrars during ophthalmic surgery, and outpatient clinics.

## **Presentations and meetings attended**

I have presented at one international, 10 national and 40 local meetings. During my training I have attended the Scottish Ophthalmological Club meetings and the Royal College of Ophthalmologists Annual Congress on numerous occasions. I regularly attend and participate in the regional Wednesday afternoon meetings. I have regularly attended oculoplastic and medical retina courses and conferences.

My most recent contributions are as follows:

My recent work entitled "Multifocal Electroretinography and Goldman visual field analysis in Birdshot Chorioretinopathy" was presented in Club Jules Gonin meeting in Switzerland.

I was the guest speaker in Elizabeth Thomas seminar. This seminar is organised by the Royal College of Ophthalmologists. The title of my presentation was "Eccentric Viewing: Fact or fiction?"

I presented the result of our Eccentric viewing training program in Scottish Ophthalmological Society meeting.

Recently I presented a lecture titled "Ophthalmological referrals" to the G.Ps in Lanarkshire health board.

## **Publications**

**Nabili S**, McCarey DW, Browne B, Capell HA. A case of orbital myositis associated with rheumatoid arthritis.

*Ann Rheum Dis.* 2002 Oct;61(10):938-9.

**Nabili S**, Murdoch JR. A case of Boerhaave's syndrome associated with raised intraocular pressure.

*Br J Ophthalmol.* 2003 May;87(5):650-1

**Nabili S**, Kirkness CM. Trans-scleral diode laser cyclophotocoagulation in the treatment of diabetic neovascular glaucoma.

*Eye.* 2004 Apr; 18(4):352-6.

Ooi KG, **Nabili S**, Thompson KJ, Gavin MP. Bilateral subacute angle-closure glaucoma in association with tonic pupils post-coronary artery bypass graft.

*Clin Experiment Ophthalmol.* 2004 Oct;32(5):538-9.

Lazaridou M N, **Nabili S**, Lavy T. A case of orbital rhabdomyosarcoma masquerading as a mucocele (accepted in *Journal of paediatric ophthalmology and strabismus* 2006)

**Nabili S**, Bhatt P, Roberts F, Gracie A, McFadzean R M. Local expression of IL-18 in the temporal artery does not correlate with clinical manifestations of giant cell arteritis (accepted in *journal of neurology* 2007).

Khanal S, Tomlinson A, Esakowitz L, Bhatt P, Jones D, **Nabili S**, Mukerji S. Changes in corneal sensitivity and tear physiology after phacoemulsification.

*Ophthalmic Physiol Opt.* 2008 Mar;28(2):127-34.

Sadir A, **Nabili S**, Roberts F, Kemp EG. A case of medial orbital dermoid cyst with conjunctival origin (Accepted in *Journal of Orbit Oct* 2008)

Palmer S, Logan D, Dutton GN, **Nabili S (Corresponding author)**. Effective rehabilitation of reading by training in the technique of eccentric viewing: evaluation of a four year programme of service delivery

### **Reviewer Experience**

Inadvertent sclerostomy with Encysted Bleb following Trans Scleral Contact Diode Laser Cyclophotocoagulation.

*Clinical and Experimental Ophthalmology*

“Neovascular glaucoma” Review article

*Expert review of Ophthalmology*

### **Research Grants Awarded**

In 2004 I was awarded £ 2467.00 research grant by West Research Endowment Funds for my study into cytokine profile of Giant cell arteritis.

In 2008 I was awarded £ 8920 research grant by Royal College of Surgeons of Edinburgh for my Eccentric viewing study.

I have a current research and endowment fund exceeding £15000.

### **Examiner Experience**

I have been an examiner of ophthalmology in final exams of University of Glasgow.

I am an examiner for Royal College of physicians and Surgeons of Glasgow.

## **Audit Projects**

Below is a summary of audit projects to which I have been the main contributor.

- 1994 Isolated limb perfusion in treatment of malignant melanoma of skin
- 1999 Assessment of basic life support skills of all the staff involved in I.V. Fluorescein angiography
- 2000 Assessment of the accuracy of the biometry machine in estimating post cataract refraction
- 2002 Assessment of the use of Diode laser in the treatment of refractory glaucoma
- 2003 An audit to establish demographic characteristics of patients requiring photodynamic therapy
- 2005 Audit of bilateral medial rectus recessions
- 2007 An audit of the recording of pulse and relevant history in patients who are about to be started on topical beta blocker eye drops
- 2008 An audit of patient satisfaction following ptosis surgery
- 2008 An Audit of orbital lymphoma
- 2009-10 Audit of my surgical outcomes
- 2011 Audit of multifocal lens implant
- 2012 Cataract and refractive Audit
- 2013 Laser Refractive Audit
- 2014 Toric lens Audit
- 2016 Audit of eyelid cancers in NHS Lanarkshire

## **Management and Administrative Experience**

I have been the previous clinical lead and chairman of ophthalmology division. I have worked closely with the management to provide a flexible service and have contributed to the development of diabetic eye disease services. In particular I have been active in the provision of OCT diagnostic service (Training of junior and senior staff, management of the system). I have also contributed to the training and general management of the ARMD nurse led clinic. I have work hard to set up the Oculoplastic and Orbital services in NHS Lanarkshire over the past 6 years. I have liaised closely with management and the clinical director to devise major changes to the on-call and casualty rotas.

I have worked closely with human resources to achieve compliant rotas for the junior doctors.

I was the junior doctor member of the Advisory Committee of Ophthalmology in NHS Education for Scotland.

I was a member of the Ophthalmology Advisory Committee of the Royal College of Physicians and Surgeons of Glasgow.

I have attended a specialist registrar management training course, aimed at preparing senior SpRs for the managerial aspects of their consultant job in the NHS.

I have worked for UNICEF as a medic and team leader in Guatemala.

## **Information Technology (IT) Experience**

I am fully familiar with programmes for word processing (Microsoft Word), spreadsheets (Microsoft Excel), presentations (Microsoft PowerPoint), statistical analysis (Mini-tab) and database management (Microsoft Access). I have devised my own Access based surgical database.

## **Research**

- A) Eccentric viewing. I set up a study to assess the effectiveness of eccentric viewing techniques in central visual loss impairment conditions such as age related macular degeneration. I employed a research nurse who conducted face to face interviews with the patients. We gathered data on all aspects of eccentric viewing training (including visual function and quality of life measurements). This is the largest study of its kind in United Kingdom and I believe it will have a significant impact on the practical management of visual impairment in this country and beyond.
- B) I was a co-researcher in the **CIRTED** (Combined Immunosuppression and Radiotherapy in Thyroid Eye Disease) study.
- C) I was involved in a study into imaging characteristics of orbital lymphomas versus orbital pseudotumours.
- D) I have investigated the use of OCT in monitoring of choroidal nevi.

## **Previous laboratory based research**

- A) I was the main researcher in a study titled "Cytokine profile of tear film in ocular pemphigoid and dry eyes".
- B) I was the main researcher in a study titled "The Role of IL-18 in Giant cell arteritis"
- C) I was a co-researcher in a multi centre, randomised, double-masked, controlled study aiming to evaluate the safety and efficacy of an intravitreal Fluocinolone Acetonide implant in patients with non-infectious posterior segment intra-ocular inflammation

## **Other completed research projects**

- A) Multifocal Electroretinography and Goldman visual field analysis in Birdshot Chorioretinopathy. Main researcher
- B) Prospective study to assess possible benefits of topical Iopidine® prior to intravitreal injection of Macugen®. Co-researcher

## Referees

1. Dr Alasdair Fern  
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2. Dr Mike Gavin  
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